

Speaker Schedule: LowCarbUSA® - San Diego 2021

This schedule is subject to change.

Wednesday August 25

17h00 - 19h00: Early Registration

Day 1 - Thursday August 26

Time	Speaker	Topic
9:00	Registration / Expo	Great to visit the Expo when it is fresh and not too crowded
11:30	Doug Reynolds	Welcome
12:00	TBD	TBD
12:45	Q&A	*
13:00	Break	
13:15	TBD	TBD
14:00	Q&A	*
14:15	Break	
14:30	TBD	TBD
15:15	Q&A	*
15:30	Break	
15:45	TBD	TBD
16:30	Q&A	*
16:45	Break	
17:00	TBD	TBD
17:45	Q&A	*
18:00	Low Carb Wine Tasting / Expo / Breakouts	Learn more about the wines at: https://www.dryfarmwines.com/lowcarbusa
19:30	Low Carb Dinner	
21:00	End Day 1	

Day 2 - Friday August 27

Time	Speaker	Topic
6:00	5k Fun Run / Yoga	Doug Reynolds / yogi
7:30	Expo	
8:00	TBD	TBD
8:45	Q&A	*
9:15	Break	
9:30	TBD	TBD
10:15	Q&A	*
10:45	Break	
11:00	TBD	TBD
11:45	Q&A	*
12:15	Lunch / Expo	Breakouts - 12:30
13:45	TBD	TBD
14:30	Q&A	*

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15:00	Break	
15:15	TBD	TBD
16:00	Q&A	*
16:30	Break	
16:45	TBD	TBD
17:30	Q&A	*
18:00	Low Carb Wine Tasting / Expo / Breakouts	Learn more about the wines at: https://www.dryfarmwines.com/lowcarbusa
19:30	Low Carb Dinner	
21:00	Day 3 End	

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Day 3 - August 28

Time	Speaker	Topic
6:00	5k Fun Run / Yoga	Doug Reynolds / yogi
7:30	Expo	
8:00	TBD	TBD
8:45	Q&A	*
9:15	Break	
9:30	TBD	TBD
10:15	Q&A	*
10:45	Break	
11:00	TBD	TBD
11:45	Q&A	*
12:15	Lunch / Expo	Breakouts - 12:30
13:45	TBD	TBD
14:30	Q&A	*
15:00	Break	
15:15	TBD	TBD
16:00	Q&A	*
16:30	Break	
16:45	TBD	TBD
17:30	Q&A	*
18:00	Low Carb Wine Tasting / Expo / Breakouts	Learn more about the wines at: https://www.dryfarmwines.com/lowcarbusa
19:30	Low Carb Dinner	
21:00	Day 3 End	

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Day 4 - Sunday August 29

Time	Speaker	Topic
6:00	5k Fun Run / Yoga	Doug Reynolds / yogi
7:30	Expo	
8:00	TBD	TBD
8:45	Q&A	*
9:15	Break	
9:30	TBD	TBD
10:15	Q&A	*
10:45	Break	
11:00	TBD	TBD
11:45	Q&A	*
12:30	Lunch / Expo	Breakouts - 12:45
14:00	Final Session	Open ended Panel Discussion with many speakers from the weekend and others!
12:15	RAFFLE DRAW	
17:00	Closing	Doug Reynolds