

Breakout Room Schedule: LowCarb**USA**® - San Diego 2021

Day 1 - Thursday August 26

| Time | Embarcadero | Porthole | Harbourside | BayRoom |
|-------|-------------|----------|-------------|---------|
| 9:30 | | | | |
| 18:15 | TBD | TBD | TBD | TBD |

Day 2 - Friday August 27

| Time | Embarcadero | Porthole | Harbourside | BayRoom |
|-------|-------------|----------|-------------|---------|
| 6:00 | Meditation | | Yoga () | |
| 12:45 | TBD | TBD | TBD | TBD |
| 18:15 | TBD | TBD | TBD | TBD |

Day 3 - Saturday August 28

| Time | Embarcadero | Porthole | Harbourside | BayRoom |
|-------|-------------|----------|-------------|---------|
| 6:00 | Meditation | | Yoga () | |
| 12:30 | TBD | TBD | TBD | TBD |
| 18:15 | TBD | TBD | TBD | TBD |

Day 4 - Sunday August 29

| Time | Embarcadero | Porthole | Harbourside | BayRoom |
|-------|-------------|----------|-------------|---------|
| 6:00 | Meditation | | Yoga () | |
| 12:45 | TBD | TBD | TBD | TBD |