

Breakout Room Schedule: LowCarbUSA® - San Diego 2020

NOTE: Times are in Pacific Standard Time (GMT - 8)

Day 1 - Friday January 15

Time	Grand Oasis Breakout	Palms III Breakout
12:15	Steve Hanley - Sugar is The New Tobacco... and RxSugar is The Cure	Garrett Lincoln and Kristen Simon -RestoreHeath LowCarb and Zillion's Configurable Coaching Platform

Day 2 - Saturday January 16

Time	Grand Oasis Breakout	Palms III Breakout
12:15	Reed Davis - Functional Diagnostic Nutrition (FDN)	Andre Obradovic - Mindset and Motivation

Day 3 - Sunday January 17

Time	Grand Oasis Breakout	Palms III Breakout
12:15	Dorian Greenow - Keto-Mojo: The value of Testing	Suresh Raja -Mitochondrial Rescue and Metabolic Flexibility: Energy is Everything!