

Speaker Schedule: LowCarbUSA® - San Diego 2019

This schedule is subject to change.

Wednesday July 24

17h00 - 19h00: Early Registration

Day 1 - Thursday July 25

Time	Speaker	Topic
9:00	Registration / Expo	Great to visit the Expo when it is fresh and not too crowded
11:45	Doug Reynolds	Welcome
12:00	Belinda Fettke	TBD
12:45	Q&A	*
13:00	Break	
13:15	Hassina Kajee	TBD
14:00	Q&A	*
14:15	Break	
14:30	Joan Ifland	TBD
15:15	Q&A	*
15:30	Break	
15:45	Nina Teicholz	TBD
16:30	Q&A	*
16:45	Break	
17:00	Dr. Ben Bocchicchio	TBD
17:45	Q&A	*
18:00	Low Carb Wine Tasting / Expo / Breakouts	Learn more about the wines at: https://www.dryfarmwines.com/lowcarbusa
19:30	Low Carb Dinner	
21:00	End Day 1	

Day 2 - Friday July 26

Time	Speaker	Topic
6:00	5k Fun Run / Yoga	Doug Reynolds / yogi
7:30	Expo	
8:00	Maria Emmerich	TBD
8:45	Q&A	*
9:15	Break	
9:30	Andreas Ennfeldt	TBD
10:15	Q&A	*
10:45	Break	
11:00	Dr. Robert Cywes	TBD
11:45	Q&A	*
12:15	Lunch / Expo	Breakouts - 12:30
13:45	Nasha Winters,	TBD
14:30	Q&A	*

Speaker Schedule: LowCarb**USA**[®] - San Diego 2019

15:00	Break	
15:15	Gary Taubes	TBD
16:00	Q&A	*
16:30	Break	
16:45	Ladies Panel (Nina Teicholz)	Nina Teicholz will moderate a panel of some of our ladies including Hassina Kajee, Belinda Fettke, Hasha Winters and Jacqueline Eberstein.
18:00	Low Carb Wine Tasting / Expo / Breakouts	Learn more about the wines at: https://www.dryfarmwines.com/lowcarbusa
19:30	Low Carb Dinner	
21:00	Day 3 End	

Speaker Schedule: LowCarbUSA® - San Diego 2019

Day 3 - Saturday July 27

Time	Speaker	Topic
6:00	5k Fun Run / Yoga	Doug Reynolds / yogi
7:30	Expo	
8:00	Peter Ballerstedt	TBD
8:45	Q&A	*
9:15	Break	
9:30	Dr. Bret Scher	TBD
10:15	Q&A	*
10:45	Break	
11:00	Dave Feldman	TBD
11:45	Q&A	*
12:15	Lunch / Expo	Breakouts - 12:30
13:45	Steve Phinney, MD, PhD	TBD
14:30	Q&A	*
15:00	Break	
15:15	Eric Westman	TBD
16:00	Q&A	*
16:30	Break	
16:45	Low Carb In Practice (Dr. Robert Cywes)	This session will be more in the form of a workshop led by Dr. Robert Cywes . He will teach people how he is so successful in implementing this in his practice and solicit input from others on their methods.
18:00	Low Carb Wine Tasting / Expo / Breakouts	Learn more about the wines at: https://www.dryfarmwines.com/lowcarbusa
19:30	Low Carb Dinner	
21:00	Day 3 End	

Speaker Schedule: LowCarbUSA® - San Diego 2019

Day 4 - Sunday July 28

Time	Speaker	Topic
6:00	5k Fun Run / Yoga	Doug Reynolds / yogi
7:30	Expo	
8:00	Jake Kushner, MD	TBD
8:45	Q&A	*
9:15	Break	
9:30	Gary Fettke	TBD
10:15	Q&A	*
10:45	Break	
11:00	Ken Berry, MD	TBD
11:45	Q&A	*
12:30	Lunch / Expo	Breakouts - 12:45
13:45	Jacqueline Eberstein	TBD
14:30	Q&A	*
15:00	Break	
15:15	Steve Phinney	TBD
16:00	Break	
16:15	Final Panel	Open ended Panel Discussion with some speakers from the weekend including Gary Fettke, Steve Phinney, Robert Cywes and Ken Berry and Nina Teicholz!
17:45	RAFFLE DRAW	Tickets for future LCUSA events and great prizes from the Vendors
18:00	Closing	Doug Reynolds